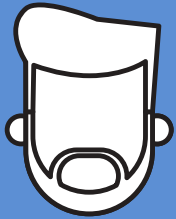




Ways to stay connected

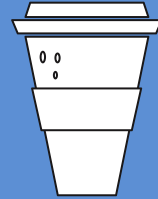
Coronavirus has impacted us all with uncertain times ahead. The Barons Court Project is grateful to all its supporters who enable us to undertake our work. There are a number of ways that you can get involved during this period and help the project continue providing much needed services. You'll be making a big difference to those most vulnerable. Helping us to make sure everyone lives the life they deserve



Isolation challenges

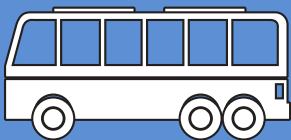
There are lots of different challenges that you could do to bring you and your friends and family together

You could compete with your friends and family and see who can run a 5KM run quickest in your back garden to cutting one another's hair and donating what you would have paid to us



Donate whatever you're not spending money on

Whether it's an online quiz night with your friends and family, a Zoom coffee & cake meeting, or donating the cost of a meal out, there are many ways in which you can support us



Donate your Commute

We know times are difficult and not everyone will be able to - but if you're currently working from home why not consider donating 25% of your monthly travel costs to us



Volunteer

We are continuing to work with volunteer. If you have time we would love to hear from you.

To find out more information and to get in touch give us a call on 02076035232 drop us an email at

services@baronscourtproject.org
www.baronscourtproject.org

